















# THE PHOENIX-NEW FREEDOM 100 CURRICULUM

## Book Five

### PHASE 5: Risk Factors and Protective Factors - Contemplation, Preparation/ Determination, Action

Lesson	Core Resource	Evaluation tools
1	Getting close to getting out 1	
2	Getting close to getting out 2	
3	Do the math 1	
4	Do the math 2	
5	Facing your responsibilities 1	Change Talk Tool Change rulers (Importance, Readiness, Confidence) Leader's Evaluations Trigger summary activity I:I resource (Staying in the gang)
6	Facing your responsibilities 2	
7	Facing your responsibilities 3	
8	You have options	
9	You have options	
10	Importance	Change Talk Tool Change rulers (Importance, Readiness, Confidence) Leader's Evaluations
11	Confidence 1	
12	Confidence 2	
13	Safety net 1	
14	Safety net 2	
15	Dealing with old people in new ways 1	Change Talk Tool Change rulers (Importance, Readiness, Confidence) Leader's Evaluations
16	Dealing with old people in new ways 2	
17	Your first few days 1	
18	Your first few days 2	
19	Jake's lesson	
20	Program conclusion; Triggers summary activity	Change Talk Tool Change rulers (Importance, Readiness, Confidence) Content Review (Lessons 5-1 to 5-20) Leader's Evaluations

Post evaluation:

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